

## Teens & Youth (cont.)

### Football Conditioning and Training

Coordinated by USCHS Football Coaching staff

Session I: . . . Monday, May 11 to  
Wednesday, June 10  
3:30 p.m. to 5:00 p.m.  
for Grades 10 to 12 only.

Session II: . . . Monday, June 29 to Friday, August 7  
(No class 7/3)

Days: . . . . . Monday through Friday  
Place: . . . . . USCHS Stadium



#### Groupings and Times:

Grades 6, 7, 8, 9. . . . . 9:00 a.m. to 10:15 a.m.  
Grades 10, 11, 12. . . . . 10:30 a.m. to 1:00 p.m.  
Fee: . . . . . \$57.00 Grades 6-9 resident  
\$78.00 Grades 10-12 resident

### Summer Soccer

The soccer program will include instruction in fundamentals and daily scrimmages. The uniform for the program is gym shorts, T-shirt, and soccer or tennis shoes. Turf shoes or sneakers are required for grades 8 to 12.

Coordinator: . . . . . Fred Jackson  
USCHS Freshman Boys Soccer Coach

Dates: . . . . . June 22 - July 24 (No class 7/3)  
Days: . . . . . Monday through Friday  
Place: . . . . . Marmion Soccer Field  
Fee: . . . . . \$57.00 resident



#### Groupings and Times:

Grades 4, 5. . . . . 9:00 a.m. – 10:30 a.m.  
Grades 6, 7. . . . . 10:45 a.m. – 12:15 p.m.  
Grades 8, 9. . . . . 12:45 p.m. – 2:15 p.m.  
Grades 10, 11, 12. . . . . 2:30 p.m. – 4:00 p.m.

### Summer Playground Panthers At Play

**Camp Imagination:** Age 6 through Going into Grade 3

**Camp Discovery:** Going into Grade 4 through Going into Grade 7

Dates: . . . June 22 – July 24

Days: . . . Monday through Friday

Time: . . . 9:00 a.m. – 11:45 a.m.

Afternoon activities at Fort Couch Middle School and outside locations - schedule to be announced.

Place: . . . Fort Couch Middle School

Fee: . . . . . \$78.00 per person/\$129.00 per family

Come join the fun at Summer Playground 2009! The goal of Summer Playground is to have a fun, positive, and safe summer. The campers will spend the summer exercising their bodies and minds through a variety of activities including sports, games, crafts, and exploring and learning new activities with their playground counselors. Weekly camp themes will be announced throughout the program. In addition, a variety of optional afternoon activities will round out the program. If you have any suggestions, don't hesitate to let us know! What a great opportunity for participants to join old friends and to make some new ones in another year of Summer Playground fun!

Parents are advised to inform program supervisors of special physical challenges or chronic ailments their children may have.

**NO BUS TRANSPORTATION WILL BE PROVIDED**

In case of rain, all outdoor programs will be canceled. Please call 412.831.9000, ext. 256, for verification of cancellations, changes or scheduling of daily activities.

#### REGISTRATIONS:

All parents/guardians of Summer Playground campers must complete and return the Summer Playground Registration form. The Summer Playground staff utilizes a sign-in, sign-out procedure throughout the program. Designated drop-off and pick-up adults are required. Parents, please remember to include yourselves when filling out the list. Please make sure to specify whether your child is registering for Camp Imagination or Camp Discovery.

### Counselor-In-Training

The Counselor in Training (CIT) Program is designed for participants age 13-16 who want to become Summer Playground Counselors in the future. It is designed to train young men and women to be proficient camp counselors and instructors. Moreover, it is geared toward helping them grow into responsible, productive, and caring leaders. The program focuses on developing participants' awareness of leadership skills, age-appropriate playground activities, communicative skills, teaching techniques, and group dynamics. The CITs have opportunities to assist and lead group activities with participants in the Playground and

Panther Paws Program under the supervision of the summer staff.

The Counselor in Training Program is a competitive one that requires each potential CIT to apply and interview for the program. Hours will follow those of the program for each week. To be considered for the CIT program, applicants are required to fill out an employment application at the Recreation Department prior to June 8, 2009.

Fee: . . . . . \$26.00 per resident  
(to be paid upon acceptance in the program)