

## Teens and Children (continued)

### SELF-DEFENSE FOR WOMEN (Ages 13 and up)

In this class you will learn the basics of self-defense. The course will cover "preventive self-defense" (awareness, recognition, avoidance), and "physical defense" (vulnerable body areas and the use of the body and everyday items as weapons). Classes will be taught by Chuck Kerrigan from Traditional Karate-Do Pittsburgh.

Day:.....Tuesday  
 Date: .....June 3  
 Time:.....7:00 p.m. - 8:30 p.m.  
 Place:.....Recreation Center  
 Fee:.....\$35.00 per person  
 \$50.00 per pair - child (under 16) with parent or older sibling



### CARTOONS AND CARICATURE FOR TEENS (Ages 12-16)

Are you a doodler and do you love comics? In this teen camp, students will create their own cartoon worlds while learning the basic visual language of comic art. Extremely fun projects will include drawing caricatures, simple cartoons, and even your own comic book. (8" x 10" or larger sketchbook, pencil, and thin black marker required.)

Date(s):.....June 23 - June 27  
 Day(s):.....Monday through Friday  
 Times:.....3:30 p.m. - 5:00 p.m.  
 Place:.....Ceramics Room  
 Fee:.....\$85.00

### TEEN CROCHET: BEGINNING (Ages 13-18)

Have you always wanted to learn how to crochet? Here's your chance! Learn the basic stitches of crocheting, selecting yarn, and reading a pattern. You will complete small sample squares that can be assembled into a blanket, or you may create a scarf using the stitches that you master. All materials will be provided by the instructor. Class size is limited to 10 students; so register early. Bring a friend! Have fun!

Instructor:.....Karen Boston  
 Date(s):.....August 4, 11, and 18  
 Day(s):.....Mondays  
 Times:.....7:00 p.m. - 8:30 p.m.  
 Place:.....Library Multipurpose Room  
 Fee(s):.....\$75.00 resident  
 \$89.00 nonresident  
 \*\$10.00 material fee paid to instructor at the first class.



### BOWLING BASICS (Ages 6-90+)

Want to learn and have fun at the same time—a great summer activity! Learn all the basics of this lifelong sport from a certified bowling coach. No more than two people on a lane; fee includes two games, shoe rental, and instruction.

Day(s):.....Tuesdays  
 Date(s): .....June 24, July 8, 15, 22 (no class 7/1)  
 Time: .....1:00 p.m. until games are completed  
 Place:.....AMF Mt. Lebanon Lanes  
 Fee(s):.....\$55.00/person resident \$60.00/person nonresident



### KIDZ R ALRIGHT: KIDZ ROCK BAND EXPERIENCE (Ages 7-12)

Experience the fun of playing in a rock band. We'll provide all the necessary ingredients for two hours of rockin' fun. You'll get the opportunity to play an instrument in a rock band, make a music video, and design your new band's T-shirt, poster, and backstage pass. No prior musical experience required. But if you have some experience, let's rock!

When the lights come up and the show is over, you'll be heading home with your new band T-shirt. For a special encore, you'll receive a DVD copy of your music video mailed to your home, shortly thereafter.

Adults will supervise this class, but kids run "the show." These "Counselors of Rock" are local teenagers with various musical backgrounds and abilities. They are volunteering their time to share their knowledge of rock music and hope to spark a future interest in music in your child.

Maximum enrollment of 12 students per session.

T-shirt included. At time of registration, please choose size:  
 S - M - L Child size or S - M - L Adult

Date(s): .....June 19, June 20  
 Day(s):.....Thursday or Friday  
 Time:.....Session 1: 10:00 a.m. - Noon (June 19)  
 Session 2: 1:00 p.m. - 3:00 p.m. (June 19)  
 Session 3: 10:00 a.m. - Noon (June 20)  
 Session 4: 1:00 p.m. - 3:00 p.m. (June 20)

Place:.....Recreation Center  
 Fee:.....\$25.00 per person/session resident  
 \$30.00 per person/session nonresident

### CHESS ANYONE?

We exercise our bodies; now exercise your mind! Ongoing chess classes for novices and experienced players are available to students first through twelfth grade, and adults are welcome to come and participate as well. Beginners can come learn the fascinating strategies of chess, and intermediate players can fine-tune their game. Each session includes instruction and supervised free play provided by instructor Eric Berthoud. Mr. Berthoud is an avid chess player and has taught this challenging game in many locations, including the Baker and Streams after school programs. All equipment will be provided. No need to preregister.

Dates:.....Ongoing classes  
 Day:.....Thursdays  
 Time:.....7:00 p.m. - 8:15 p.m.  
 Place:.....Library Multipurpose Room  
 Fee:.....\$3.00 walk-in/per class



### CHESS CAMP (Grades 1 and up)

LEARN and ENJOY the mental sport of chess at this weeklong camp! Eric Berthoud will provide chess lessons and supervised time for play. There will be a tournament, complete with prizes, on the last day of camp.

Dates:.....August 11 through August 15  
 Days:.....Monday through Friday  
 Time:.....1:00 p.m. - 3:00 p.m.  
 Place:.....Library Multipurpose Room  
 Fee:.....\$30.00/participant/resident  
 \$40.00/participant/nonresident