

## NEW! Beginning Ballroom Dance

Come and enjoy our series of ballroom dance instruction. This is a great opportunity to meet new people, rekindle romance, exercise, and learn how to dance like the stars.

If you think you have “two left feet,” then this is the class for you! In just 4 lessons you will have the knowledge and confidence to do social ballroom dancing. This class is geared for the absolute beginner.

**Instructor:** Holly Dayton-Kirby

**Days:** Mondays

**Dates:** Session 1 – WALTZ – September 14, 21, 28  
October 5  
Session 2 – SWING – October 12, 19, 26  
November 2

**Time:** 6:00 p.m. – 6:50 p.m.

**Place:** Community Rooms TBD

**Age Requirements:** Adult

**Fee:** \$40.00 Member per session  
\$48.00 Resident Non-Member per session  
\$56.00 Surrounding Community Non-Member per session

## NEW! Beginning Latin Dance

Do you want to feel HOT HOT HOT? The Latin dance craze has made its way the Community Recreation Center. Our series of Latin dancing instruction are geared for the absolute beginner. This is a great opportunity to meet new people, get energized, and learn the steps to the latest Latin dances.

If you think you have “two left feet,” then these are the classes for you. In just 4 lessons you will have the knowledge and confidence to go out on the town and Salsa and/or Cha Cha the night away.

**Instructor:** Holly Dayton-Kirby

**Days:** Mondays

**Dates:** Session 1 – SALSA – September 14, 21, 28  
October 5  
Session 2 – CHA CHA – October 12, 19, 26  
November 2

**Time:** 7:00 p.m. – 7:50 p.m.

**Place:** Community Rooms TBD

**Age Requirements:** Adult

**Fee:** \$40.00 Member per session  
\$48.00 Resident Non-Member per session  
\$56.00 Surrounding Community Non-Member per session

## Dance, Dance . . .

**Additional adult dance classes are coming.** Be sure to check the notice board at the Community Recreation Center and our Website. Be on the lookout for Intermediate Ballroom Dance Classes and other classes for teens and adults.

*Signing up in partners is encouraged but not necessary. Limit is 30 people per lesson with the goal of having numbers of leaders and followers.*

## NEW! Parenting Positively

This six-week course is based upon the Systematic Training for Effective Parenting Curriculum. This course will be of benefit to parents of children from elementary school through high school.

Parenting Positively is a practical training program for parents who want to develop effective ways to constructively interact with their children. Parenting Positively teaches concepts and skills that help parents to:

- Develop their ability to listen, resolve conflicts, and explore alternatives
- Encourage their children more effectively
- Understand emotions of teens, children, and parents
- Conduct effective family meetings
- Use logical consequences as a way to prevent or correct discipline problems
- Become aware that their own self-esteem, self-awareness, and actions affect their relationships with their children

*Please register by no later than Thursday,  
October 1, 2009*

**Instructor:** Masters level counselor from Outreach  
Teen and Family Services

**Days:** Thursdays

**Dates:** October 8 through November 12

**Time:** 7:00 p.m. - 9:00 p.m.

**Place:** Senior/Teen Lounge

**Age Requirement:** Adult

**Fees:** \$95.00 Member  
\$108.00 Resident Non-Member  
\$120.00 Surrounding Community  
Non-Member  
\$150.00 Member Couple  
\$170.00 Resident Non-Member Couple  
\$185.00 Surrounding Community  
Non-Member Couple

Upon registration, please let the Recreation Department know if you would be in need of child care during the class times.

## NEW and EXCITING! Theatre Club

The debut of the “Break-a-Leg Players” at the CRC! Will it be tragedy tomorrow or comedy tonight? Look no further for a new opportunity to act, direct, produce, organize, and more. Let’s share our talents and enthusiasm and start a theatre troupe at the CRC! To express your interest and volunteer, please contact Lynn Walcoff, Community Programs, at 412.221.1099, extension 655.