

## Aquatics Information & Policies

### Hours of Operation:

M-TH 5:30 a.m.-9:45 p.m.    Fri. 5:30 a.m.- 8:45 p.m.    Sat. 6:30 a.m.-4:45 p.m.    Sun. 12-4:45 p.m.

### General Information:

#### ▶ **Indoor Lap Pool:**

Avg. temperature is 82-84 degrees. Depth ranges from 3.5 ft to 8 ft.

#### ▶ **Leisure Pool:**

Avg. temperature is 84-86 degrees. Depth ranges from 0 ft to 3.5 ft.

#### ▶ **Resistance Channel:**

Avg. temperature is 84-86 degrees. Depth is a consistent 3.5 ft.

### Pool & Spa Rules

- ▶ Proper swim attire is required. No cut-off shorts or t-shirts in the pool.
- ▶ Infants and non-potty trained children **MUST** wear swim diapers with snug fitting elastic waistband and leg openings.
- ▶ Only US Coast Guard approved lifejackets are to be used in the Aquatics Center. **NO INFLATABLE FLOATATION DEVICES.**
- ▶ No jumping or diving **ANYWHERE** in the Aquatic Center.
- ▶ All non-swimmers and children under 48" should be within arms reach of a supervising adult unless in 24" of water or less.
- ▶ Due to the high water temperature (101-104) of our spa, there is a 15 minute time limit. Please refrain from submerging your head or performing aerobic activities in the spa.

### Lap Swimming

Lap swimming will be available in the indoor lap pool. Swimmers are asked to share lanes when necessary. Two swimmers may split a lane, while three or more swimmers are required to circle swim to the left. New swimmers should always alert those already using the lane that they will be joining them.

### Age Requirements

- ▶ Children under the age of 10 years old must be supervised by an adult in the pool area at **ALL** times.
- ▶ Children under the age of 10 years old are **NOT** permitted in the Spa. Children ages 10 to 13 years old (under age 14) must be accompanied by an adult in the Spa at **ALL** times.

### Slide Rules

Children must be 48" or taller to ride the body slide as recommended by manufacturer guidelines. An official measurement will be made by the aquatics staff.