

Special Activities (continued)

EXPERIENCE THE "REEC" SEASONAL SCIENTIST SERIES

Explore the ever changing environments of the Boyce Mayview Park with the Regional Environmental Education Center's (REEC) Seasonal Scientist Series. Experienced REEC staff guide students through the who, what, where, why and how of various nature based topics. Through outdoor, hands-on experiences students will focus on different topics each season, learning through fun, interactive programs, crafts, stories and field experiences.

For more information and to register contact Jessica Stombaugh, REEC Program Manager at 412.838.0064 or via e-mail at JessicaS@regionaleec.org.

Eligibility:..... Ages 8-12

Days/Time:..... Saturdays - 12:30 p.m. - 4:30 p.m.

Meeting Place:..... REEC offices

1571 Mayview Road

Fee:..... \$90.00 per student per session

Fall **October 27 & November 3, 10, 17** **Survival Science**
Survival Science explores the topics needed to survive outdoors. Learn compassing skills during an orienteering scavenger hunt. Practice Leave No Trace Ethics to decrease our impact on nature while we hike through the beautiful colors of fall. Study edible plants and their original and current medicinal uses. All this and survival tricks and tactics!

Winter **February 2, 9, 16, 23** **Frosted Science**
Frosted Science will venture outdoors during the winter while everyone else stays inside to photograph the stillness of a frozen stream, sketch the leafless branches of a towering Sycamore or cast an animal's track in the icy soil. Learn to identify animals by their sounds, prints, and markings. Experience the beauty of nature with all your senses.

Spring **May 17, 24, 31 & June 7** **Weathered Science**
Weathered Science will take an exciting look at the wonders of weather. What old wives' tales can actually predict the weather? How do weather men and women know when it will rain? Perform your own weather experiments and set up your own weather station. Learn how to read the signs in nature to help make your own weather predictions just like animals do!

ADULT PROGRAMMING

WOW! The Wonders of Wetlands and Facilitator Training Workshop Course

Eligibility:..... Adults, Educators, Scout Leaders, and others

Time:..... Basic Workshop Saturday October 6 9 a.m. - 4 p.m.

Facilitator Course Sunday October 7 9 a.m. - 4 p.m.

Meeting Place:..... REEC offices

1571 Mayview Road

Fee:..... \$45.00 for Basic Workshop

\$40.00 for Facilitator Course

The most-used wetland education resource in the world presented by the curriculum creators, Environmental Concern Inc. featuring over 50 multidisciplinary activities to provide a meaningful watershed experience. Attend both days and become a WOW! Trainer. This hands-on workshop is great for anyone interested in learning more about wetlands, their importance and why they need protecting. Educators receive 6 Act 48 hours for the basic workshop and an additional 5 for the facilitator training. All adults welcome.

Leave No Trace Trainer Course

This informative, hands-on class will give you a better understanding of Leave No Trace practices and how to teach them to others. Join Venture Outdoors at the REEC for a specially formatted one-day certification course and learn the 7 principles of Leave No Trace Ethics. We will hike about 5 miles while learning and teaching each other about improving our wilderness ethics. This course is ideal for youth leaders, educators and outdoor enthusiasts.

Eligibility:..... Adults, Educators, Scout Leaders, and others

Time:..... Sunday, November 4, 10:00 a.m. - 5:00 p.m.

Meeting Place:..... REEC offices

1571 Mayview Road

Fee:..... \$15.00

Swim Programs

FAMILY SWIM PROGRAM

Photo ID Cards are required. All participants must have their pictures taken at the Recreation Department. All children ages 12 and under must be accompanied by an adult. Note: No charge for Silver Card holders.

Session I:..... September 29 - January 27

Session II:..... February 2 - May 11

Place:..... Upper St. Clair High School Pool

Fee:..... \$25.00 per session/per individual \$45.00 per session/per family

\$5.00 per person/walk-in/guest/fee
(check/money order) at the door

Days & Times:

Saturdays..... 2:00 p.m. - 4:30 p.m.

Sundays... 2:00 p.m. - 4:30 p.m.

Please note that there will be pool closing dates required due to facility availability and maintenance. Note also that when schools are closed (snow days, holidays, breaks, etc.) the pool will be closed.



UPPER ST. CLAIR SWIM CLUB

Competitive swimming can provide an opportunity to learn sportsmanship, perseverance, and self-discipline - and it's fun! This recreational activity can allow children to engage in a lifesaving lifetime sport. Swimming is also an excellent cross-training activity for children participating in other sports.

The Upper St. Clair Swim Club is open to all children ages 6-18. Members receive in-depth instruction and training in all phases of swimming. Swimmers must be able to swim one length of the pool with the freestyle, backstroke, and breaststroke to make the team. There is no attendance requirement, but the coach recommends attending at least three practices per week to achieve the greatest improvement in skills. For information about tryouts, contact Christy Rupp at 724.942.3121.

For current information and a listing of available classes for swimming, diving, aquatic fitness, and lifeguard certification, contact Richard Bradshaw at 412.996.0697 or send an e-mail to swimuscs@aol.com.