

# Live Smarter

## Play Harder

*A variety of membership options are available which allow access to the Indoor Facilities as well as the Outdoor Aquatics Center. Please reference the Membership Outline below to determine accessibility, type and term options.*

### **CRC Membership Rates**

**USC Resident**

**Surrounding  
Community  
Resident**

#### **CRC Indoor Facility**

<b>Daily Admissions</b>		\$12.00	\$12.00
<b>3-Month Passes</b>	Youth	\$41.00	\$62.00
	Adult	\$139.00	\$208.00
	Family	\$252.00	\$377.00
	Senior	\$97.00	\$146.00
<b>Annual Passes</b>	Youth	\$110.00	\$165.00
	Adult	\$367.00	\$550.00
	Family	\$660.00	\$990.00
	Senior	\$257.00	\$385.00

#### **Outdoor Aquatic**

<b>Daily Admissions</b>		\$15.00	\$15.00
<b>Seasonal Passes</b>	Youth	\$140.00	\$210.00
	Adult	\$184.00	\$276.00
	Family	\$300.00	\$450.00
	Senior	\$155.00	\$232.00

#### **Combined Member Rates**

<b>Annual Passes</b>	Youth	\$180.00	\$270.00
	Adult	\$459.00	\$688.00
	Family	\$810.00	\$1,215.00
	Senior	\$334.00	\$501.00

\*\* Information on Nanny/Caretaker Memberships are also available upon request. We invite you to learn more about memberships by calling Sarah Povazan or Storm Foreman at 412.221.1099.

***Unlimited use to amenities within the center during operating hours.***

***Reduced rates on facility rentals, programs, classes!***

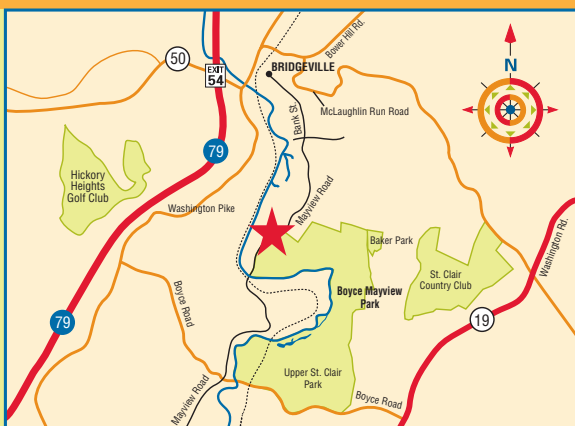
***Participation in members-only promotions and special events!***

***FREE selected classes along with Fitness Assessment Orientation and Personal Training Session!***

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## Frequently Asked Questions & Answers

- 1. Are there opportunities for members to invite friends?** We do encourage you to invite your family and friends to explore the Community Recreation Center. As an annual member you will be offered three guest passes per calendar year. Your guest must complete the Guest Form at the time of arrival.
- 2. What services and classes are offered by the Fitness Department?** Personal training, nutrition, and body composition/fitness assessments are a few of the services offered by our certified Fitness Specialists. Additionally, a selection of classes are included with your membership: Boot Camp, Cardio Craze, Senior Fit, Step, Tough & Toned and Upper Body Blast classes, just to name a few. Group exercise classes are held on the first floor in the two studios, the gymnasium, or outdoors on the recreational fields.
- 3. What services and classes are offered by the Aquatics Department?** The Aquatics Staff offers a wide diversity of aquatic exercise classes ranging from high to low intensity. Classes are held in the leisure pool, resistance channel and the four lane lap pool. The following list is a sample of our water classes: Aqua Blast, Gentle Movement, and Deep Sea Aerobics. The CRC also offers Hydro Strength and Water Walking which are free classes included in your annual membership.  
Throughout the year, group and private swim lessons are offered on a regular basis. Group swim lessons, available to children age 6 months to 13 years old, include American Red Cross Parent and Child, Preschool, and Levels 1-5. Another option available is private swim lessons which can be scheduled for both children and adults.
- 4. What Community Programs are offered through Recreation and Leisure Services?** Community Programs support and enhance wellness, healthy and fun lifestyles, a variety of leisure time pursuits, and lifelong learning for all ages. The CRC offers Ballet, Jazz, Karate, Creative Art, Cooking, Children's Yoga, Chess and Camps, just to name a few.



### Community Recreation Center Live Smarter Play Harder

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[www.livesmarterplayharder.org](http://www.livesmarterplayharder.org)