

COMMUNITY SERVICE OPPORTUNITIES

Information About Organizations

ANIMALS

Organization	Email Address/Website	Phone Number
Animal Friends	volunteering@thinkingoutsidethecage.org	412-847-7053

Volunteers with Animal Friends MUST:

- Be at least 13 years of age to volunteer. Any volunteer under the age of 18 must be accompanied by a parent or guardian to attend the orientation. Parents and/or guardians must also become volunteers and may need to attend animal handling classes with the underage volunteer. *Volunteers must be 16 to socialize cats or rabbits, or 18 to socialize dogs, without a parent or guardian.*
- Be able to read and write in English and take directions from staff, or be accompanied by someone who is.

Getting Started

- The first step in becoming an Animal Friends volunteer is to attend a Getting Started orientation at the shelter. To attend a session, please complete an online volunteer application. Once you submit, you will receive an email with the dates and times of when we have orientations coming up, as well as the phone number to call to hold your spot in one of the sessions. Each person attending the orientation should fill out his or her own application.

Organization	Email Address/Website	Phone Number
Animal Rescue League	sdumaine@animalrescue.org	412-345-7300

- Volunteers must be able to read, write and work independently. Volunteers must be over 18 years of age. Volunteering is a privilege and the shelter reserves the right to refuse anyone from doing so.
- Animal Rescue League is looking for volunteers that can be pre-scheduled for one ongoing, regular, two hour shift during the week. The minimum requirement for active volunteers is eight hours a month, for a term of six months.

Organization	Email Address/Website	Phone Number
Western PA Humane Society	https://wpahumane.org/volunteer-now	412-321-4525

- All potential volunteers must be at least 12 years of age or older regardless of the volunteer opportunity they are applying for.
- Children between the ages of 12-15 years must be accompanied by a parent or guardian; 16 and older are welcome to volunteer on their own.
- In order to volunteer handling our dogs you must be 16 years of age or older.
- To volunteer handling our animals, you must be willing and able to give a minimum of 2 hours of volunteer service each week. We also ask that you plan on participating as a volunteer for a minimum of 6 months. We of course would love for you to stay longer; however, this is the shortest duration we can accept to work with our animal.

Organization	Email Address/Website	Phone Number
National Aviary	https://www.aviary.org/Teen-volunteers	412-323-7235

- The 2017 teen volunteer program is open to students who will be 14-17 by June 1, 2017. The application process for summer 2017 is open December 1, 2016 - February 1, 2017.
- The National Aviary teen volunteer program is open to students who will be 14-17 years old by June 1, 2017. Teens help us to advance our mission during our busiest season of the year. Students gain valuable skills and avian knowledge while experiencing the daily life of a bird zoo. Currently, we only accept teen volunteers to start in the summer.
- Teens typically volunteer one day a week during summer break. They serve as show ushers but do not have direct contact with the birds during their first season. Volunteers support our educators by serving as outreach assistants. We ask for a minimum commitment of 35 hours for the 2017 summer season which runs from May 27 to September 4, 2017. The Aviary is open every day from 10:00 am – 5:00 pm.
- Teens interested in education or childhood development may also choose to work as a Summer Camp Assistant. These volunteers will be assigned to work at least one full week of camp. Camp Assistants help National Aviary educators with camp lessons and activities from 8:30 am – 3:30 pm Monday – Friday. For teens with a busy summer schedule, the entire 35-hour commitment can be earned in one week.
- If your application is accepted, you will be invited to interview. You will be required to conduct a brief (2-3 minute) presentation during the interview and to bring a written personal reference.
- For those who are accepted into the program, teen volunteer orientation will be held on June 3rd from 1:00 - 5:00 p.m. This is a required day of training to prepare for volunteering. No other orientation days will be scheduled.
- Teen summer applications are due by February 1, 2017.

DISTRIBUTION CENTERS

Organization	Email Address/Website	Phone Number
Global Links	https://www.globallinks.org/get_involved/volunteer.php	412-361-3424

- Volunteers sort and pack more than 95% of the medical supplies Global Links donates to resource-poor communities. Some volunteers check equipment, prepare wheelchairs, or work on administrative tasks. You can volunteer from home, or in the community.

Organization	Email Address/Website	Phone Number
World Vision	https://volunteers.worldvison.org	412-749-1800

- Depending on the site, tasks may include:
 - Sorting donated items
 - Stocking shelves and facilitating product distributions
 - Assisting with special events
 - Assembling various kits

FOOD BANKS & HOMELESS SHELTERS

Organization	Email Address/Website	Phone Number & Contact
East End Community Thrift	www.thomasmertoncenter.org/thrifty shawnapgh@aol.com	412-361-6010 (Shirley/Dolly) 412-721-6811 (Shawna)

- Thrifty is always looking for volunteers! Contact Shirley or Dolly at 412-361-6010.
- After hours and on Saturdays, you can reach Shawna Hammond at shawnapgh@aol.com or by calling 412-721-6811.

Organization	Email Address/Website	Phone Number & Contact
East End Cooperative Ministries	www.eecm.org/volunteer tracyh@eecm.org	412-345-7124 (Tracy Hudson)

- East End Cooperative Ministry could not operate without the help of volunteers in every service and program we provide.

Organization	Email Address/Website	Phone Number
Greater Pittsburgh Community Food Bank	www.pittsburghfoodbank.org volOps@pittsburghfoodbank.org	412-460-3663 ext. 301

- Over 13,000 volunteers help the Food Bank carry out its mission each year. The time you give helps the Food Bank provide more meals to more people in our region and builds a strong, hunger-fighting community!
- How Can You Help?
 - Pre-Scheduled Opportunities
 - Short-Notice Opportunities
 - Repack Center
 - Gleaning
 - Produce to People
 - Special Projects
 - Special Events
 - Last Minute Fill-Ins
 - Clerical and Administrative Tasks

Organization	Email Address/Website	Phone Number
Jubilee Soup Kitchen	www.jubileesoupkitchen.org	412-261-5417

- All who are interested in volunteering should call a month or two before the time you would like to volunteer to reserve a day. Call Paulette or Paul between 9:30 a.m. to 12:30 p.m. Monday through Friday.
- Single volunteers on weekdays must call ahead to reserve a day. On the weekends single volunteers are welcome and need not call ahead.
- Volunteering Opportunities:
 - Kitchen Volunteers are needed 365 days a year from 9:30 AM to 1:00 PM. Most volunteers help for the entire time, but there is flexibility. They:
 - Prepare some of the food
 - Help staff in cleaning up and washing dishes
 - Serve the noonday hot meal
- Additional volunteer opportunities include:
 - Assisting at Jubilee Food Pantry
 - General Office Support, etc.

Organization	Email Address/Website	Phone Number
Northside Common Ministries	www.ncmmin.org/get-involved	412-323-1163

- Serve a Meal at Pleasant Valley Men’s Shelter
 - Every day of the year, generous volunteers from churches throughout the Pittsburgh area prepare, deliver and serve the evening meal for shelter residents. Hundreds of volunteers from over 60 area churches are involved in this important and much appreciated process.
- Volunteer at Northside Community Food Pantry
 - Since the pantry’s beginning, it has been staffed and run largely by volunteers in the neighborhood. There are many different ways you can volunteer your time to help, such as: pantry volunteer, clean and prep volunteer, delivery truck volunteer, on-call volunteer and one-time volunteer.
- Coordinate a Collection Day!
 - Help those in need in your community by organizing food drives and much needed item collections at your local church, school, community group or place of employment.

Organization	Email Address/Website	Phone Number
Pittsburgh AIDS Task Force Food Pantry	www.patf.org/community-outreach/volunteer abranch@patf.org	412-345-0561

- PATF is in need of volunteers in our food pantry. Tasks include assisting clients, bagging groceries, and stocking shelves. Generally, volunteers are needed from noon to 4 p.m. on Sundays, Mondays, Tuesdays, and Fridays and on Wednesdays from 3 to 7 p.m. Requested time commitment is six hours per month. Volunteer should be detail oriented and organized, able to lift food items, and a "people person".

Organization	Email Address/Website	Phone Number
South Hills Interfaith Movement (SHIM)	http://shimcares.org/volunteer/ bcornell@shimcares.org	412-854-9120 ext. 106

- Contact Rebecca Maletto-Cornell, SHIM volunteer manager, at bcornell@shimcares.org or 412-854-9120 ext. 106 to learn how you can volunteer at the Food Pantry.
 - Sort and process food donations
 - Stock pantry shelves
 - Assist families in SHIM’s shop-through pantry
 - Pantry receptionist
 - Pantry shuttle drivers
 - Baldwin United Presbyterian Church Pantry: second and fourth Tuesdays of the month
 - Bethel Park Pantry: second and fourth Thursdays of the month
 - Prospect Park Pantry: first and third Wednesdays of the month

MEDICAL SETTINGS

Organization	Email Address/Website	Phone Number
AHN West Penn Hospital	https://www.ahn.org/locations/west-penn-hospital/volunteering	412.578.5313

- There are a host of volunteer opportunities at West Penn Hospital. Some volunteer positions are patient-related, while other positions have no patient contact. Regardless of the volunteer position, all volunteers enhance the patient experience at West Penn Hospital and are valued members of our team.
- To learn more about volunteer programs or to schedule an interview, please call the Volunteer Services Department at 412.578.5313. You may also contact us by completing and sending the online Volunteer Application Form (<https://www.ahn.org/volunteer-application>)

Organization	Email Address/Website	Phone Number
Children's Hospital of Pittsburgh	http://www.chp.edu/about/volunteer/opportunities/teen-program	412-692-5185

- Teens are invited to participate in a rewarding and worthwhile volunteer experience from June through August every year.
- Teens that are accepted into the program are placed in a variety of areas throughout the hospital ranging from direct interaction with patients and families in playrooms, to supporting waiting room areas, to assisting with escorting patients within the inpatient setting. Teen volunteers are supervised by Children's staff members.
- *The Teen Volunteer Program is very popular and often there are more applicants than available openings. Please keep in mind, due to a large number of applications and many teens that return to the program from previous years, there are usually limited openings each year. We encourage teen applicants to submit their applications early and be thoughtful in the completion of all application materials.*
- Acceptance of Teen Volunteer Program applications will begin in late February 2017.

Teen Volunteer Program Requirements

- To qualify for the program, teens must be between 15 and 17 years of age. *Candidates must be 15 years of age on January 1 of that calendar year.*
- If you turn 18 years of age before the start date of the year's program, then you are no longer eligible to participate in the Teen Volunteer Program. However, you would be eligible to begin the transition to become a part of the Hospital Volunteer Program.
- Commit to a weekly schedule of 3 to 4 hours of volunteer service for a minimum of eight weeks between June and August. A limited number of teens may qualify to volunteer during the school year. Teens that have already volunteered in the summer program will be selected for school year assignments based on merit and availability.
- Complete all steps of the application process during the open enrollment period between February and early April (new Teen Applicants only). This includes the online application and two reference forms.
- Applicants will be notified of their application status by the last week of April.
- If you are chosen to be a part of the Teen Volunteer Program, you will be required to attend one of the scheduled Volunteer Orientations. This is a mandatory training session and to become a teen volunteer, you must attend one of these sessions.

Organization	Email Address/Website	Phone Number
AHN Jefferson Hospital	https://www.ahn.org/locations/jefferson-hospital/volunteers volunteer@jeffersonregional.com	412-469-5885

- Whether they are escorting a patient to a physical therapy session or offering a smile and a word of encouragement to a visiting family member, volunteers make a valuable contribution to the health care team at Jefferson Hospital. Their skills and energies complement the services provided to patients and visitors.
- An ambitious group of adults as well as students (at least 16 years of age) from area middle and high schools comprise our army of volunteers. Adults and teens annually donate more than 100,000 hours of their time and talents to Jefferson Hospital.
- Volunteer Application: <https://www.ahn.org/volunteer-application>

Organization	Email Address/Website	Phone Number
Magee Women's Hospital	http://www.upmc.com/locations/hospitals/magee/careers/Pages/volunteer.aspx	412-641-4185

- The Junior Volunteer Program at Magee is a summer program for youths.
- Junior volunteers are between 14 and 17 years of age as of June 15 and commit to 20 hours of volunteer time over the summer.
- The program provides young people with exposure to careers in the healthcare field. All junior volunteers complete an application and parental permission form, participate in an interview, attend orientation, and receive a health screening.

Organization	Email Address/Website	Phone Number
St. Clair Hospital	https://www.stclair.org/about/volunteer-opportunities	412-942-2085

- Junior volunteers are required to be a least 14 years of age. Representing 14 area school districts, many student volunteers are interested in pursuing a career in health care. St. Clair Hospital supports these goals and provides students with a number of unique opportunities, including the invitation to observe a surgical heart procedure and the chance to work in the Hospital's Emergency Department during their senior year. Volunteers are required to purchase a uniform.

Volunteer Opportunities:

- Courier
- Gift Shop/Gift Cart/Cafe Attendant
- Surgical Center Receptionist
- Patient Escort
- Supportive Visitors
- Surgical Family Waiting Room Attendant
- Welcome Center/Information Desk

For questions or additional information about volunteering at St. Clair Hospital, please call Volunteer Services at 412.942.2085. Interested candidates will interview with the Director of Volunteer Services.

Organization	Email Address/Website	Phone Number
VA Medical Center	http://www.pittsburgh.va.gov/giving	412-822-3096

- Volunteers provide many important functions and help make our patients' stay more enjoyable. Volunteers can perform a number of services, and a volunteer's talents are closely matched with one of our many assignments. Please contact David DiFuccia, Program Leader, Voluntary Services at the number above.

General Volunteer Assignments:

- Nursing
- Library
- Escort
- Pharmacy
- Medical Media
- Food and Nutrition
- Recreation
- Ceramics
- Speech and Audiology
- Chaplain
- Radiology
- Office Assistant
- Ambassador Volunteers
- Alzheimer's Program
- Day Treatment and Adult Day Care
- Radiation Therapy
- DAV Transportation
- Medical Clinics
- Blood Bank
- Coffee Program
- Surgical Waiting

Organization	Email Address/Website	Phone Number
Western Psychiatric Institute and Clinic	cukanowtc@upmc.edu	412-246-5202

- By becoming a volunteer at Western Psychiatric Institute and Clinic, you support our mission of providing exemplary patient care, outstanding education of health care professionals, and advanced research. To volunteer, complete the forms below and send them to:

Volunteer Application: <https://www.volgistics.com/ex/portal.dll/ap?AP=1809149721>

Paper Referral: <http://www.upmc.com/locations/hospitals/Documents/PDF/volunteer-reference-form.pdf>

Online Referral: <https://secure.upmc.com/volunteerreferralform/>

MUSEUMS

Organization	Email Address/Website	Phone Number
Carnegie Science Center	carnegiesciencecenter.org/join/teen-volunteers	412-237-1621

- If you're between the ages of 14-18, volunteer with the Carnegie Science Center for resume-boosting experiences in an environment like no other
 - Summer volunteers must volunteer 50 hours.
 - School year volunteers must complete 100 hours. For a list of volunteer opportunities.
 - Applications for the Summer Teen program are now being accepted. The deadline for applications to the Summer Teen Program is April 1, 2017. (Applicants must be 14 before the application deadline to be considered.)
- Upon acceptance into the program, all teens under 18 must go through a background check with our company. The cost is free for teens under 18. All teens over 18 must provide and pay for background checks and clearances.
 - Volunteers who have lived in Pennsylvania for at least 10 years must have their Child Abuse History Clearance (Act 33) and Criminal Record Check Clearance (Act 34).
 - Volunteers who have lived in Pennsylvania for less than 10 years must have their Child Abuse History Clearance (Act 33) and Criminal Record Check Clearance (Act 34) plus an FBI Fingerprint Clearance (Act 114). Act 33 and 34 Clearances are free for volunteers.
- All teens must submit a Teen Volunteer Application packet and Reference Form before they will be considered for a position.
 - http://carnegiesciencecenter.org/csc_content/join/pdf/Teen_Volunteer_Application.pdf

Organization	Email Address/Website	Phone Number
Children's Museum Pittsburgh	https://pittsburghkids.org/education/youth-programs	412-322-5058

- In this year-round program, high school teens help with community events, work with visitors in the Museum and participate in job readiness workshops that help them learn valuable academic, job and life skills.
- Email Volunteer Coordinator JuWanda Thurmond at jthurmond@pittsburghkids.org for more information.

NURSING HOMES

Organization	Email Address/Website	Phone Number
Asbury Heights	https://www.asburyheights.org/volunteer-opportunities ewarner@asburyheights.org	412-571-5150 Liz Warner

- Many school districts and religious organizations require volunteer service. Join our Teen Volunteer Program, and help brighten the lives of the many residents who make Asbury their home.
- On average, our volunteers contribute a total of 19,000 hours of service by assisting with mass mailings, filing, making friendly visits with residents, helping with resident activities and more.

Organization	Email Address/Website	Phone Number
Baptist Homes	http://www.baptisthomes.org/index.php?id=71	412-572-8254 Dionne Rose

- Here's a great opportunity to give back, get involved and have fun. Baptist Homes is always looking for priceless volunteers who help us in any number of our operational areas.

Opportunities include:

- Escorting residents to and from activities, therapy, beauty parlor, and chapel.
- Being a gift shop attendant.
- Assisting with activities for residents with dementia.
- Serving as a coffee host or hostess.
- Visiting residents one-on-one.

OUTDOOR WORK

Organization	Email Address/Website	Phone Number
Food Farm & Gleaning: Pittsburgh Food Bank	https://www.pittsburghfoodbank.org/gleaning/	412-460-3663

- The Food Bank partners with local farmers to provide fresh, local produce to families in need. Farmers often find themselves with surplus or unmarketable produce. Our Food Bank staff recruits, trains and supervises volunteers who glean, or harvest, that surplus produce.
- Gleaning volunteers get a chance to experience working farms in Southwestern PA, while partnering with farmers to help families in their own community. Gleaned produce is picked up at the farm, taken back to the Food Bank then distributed to a member agency or families at a Produce to People distribution

The Details:

- Glens take place weekdays and weekends – June through December
- Maximum 3-hour commitment
- The Food Bank provides training, tools, water and snacks – all you need is transportation to the farm!
- Ages 7 years old and above are welcome with a guardian!
- Glens are not pre-scheduled – we alert you when a farm is ready

Organization	Email Address/Website	Phone Number
Western Pennsylvania Conservancy	http://waterlandlife.org/64/become-a-volunteer	412-228-2777

- There are many opportunities for individuals and companies to support the mission of Western Pennsylvania Conservancy.
 - Help Plant Trees with TreeVitalize
 - Become a Watershed Conservation Volunteer
 - Office Work for Land Conservation
 - Care for Our 130 Community Gardens
 - Volunteer as a Land Steward
 - Assist with Photo Cataloging
 - Volunteer at Fallingwater
 - Volunteer as a Photographer
 - Other Clerical/Office Work

OUTREACH SERVICES

Organization	Email Address/Website	Phone Number
Central Blood Bank	http://waterlandlife.org/64/become-a-volunteer	412-209-7648

- Unless accompanied by an adult, you must be 15 years of age to volunteer at area blood drives.
- Central Blood Bank has 25 community donor centers and fixed sites and more than 200 community mobile blood drives each month. Our greatest need is for volunteers at our mobile blood drives.
- After a donor completes the donation process, a Donor Appreciation Representative observes the donor in our canteen area to ensure they are feeling okay. The Donor Appreciation Representative also serves refreshments, educates donors on the need for blood and is available to answer questions.
- Most importantly, our Donor Appreciation Representative thanks the donor for helping local patients in need of transfusions. This is the final part of our donation process, and the final opportunity to ensure that our donors have a positive experience, which makes this volunteer opportunity extremely important.
- If you volunteer to work at mobile blood drives, you will receive a call one to two weeks prior to the blood drive with a list of dates, times and locations of drives needing a volunteer. You may work at one or several sites each week. When you sign up for a particular drive, you will be mailed directions and a confirmed date and time.

Organization	Email Address/Website	Phone Number
Goodwill of Southwestern PA	http://www.goodwillswpa.org/volunteer volunteer@goodwillswpa.org	412-632-1931 Gabi Lloyd

- Goodwill partners with corporations and individuals in our communities to help volunteers meet their goals! At our stores, volunteers can help accept donations, sort items and work to keep the sales floor neat and organized.

We're looking for the following volunteers:

- Independent volunteers and those performing service projects or related community service
- High school and college students interested in completing hours for a school project
- Staff at local companies who are looking to complete a group volunteer project

Organization	Email Address/Website	Phone Number
National Council of Jewish Women Pittsburgh Section	http://www.ncjwpgh.org/get-involved/volunteer/ sdye@ncjwpgh.org	412-421-6118 Samantha Dye

- Volunteer with NCJW Pittsburgh! Whether you have a few hours to give or want to be involved in an ongoing project, we have a place for you to make an impact!

Opportunities Include:

- | | |
|----------------------------------|--------------|
| • Back 2 School Store | • Book Drive |
| • Children's Rooms in the Courts | • Thriftique |

OTHERS

Organization	Email Address/Website	Phone Number
Community and Recreation Center at Boyce Mayview Park	kerman@twpusc.org	412-221-1099

- Interested students must fill out an application form (**available at the C&RC**) and will be contacted when volunteer opportunities are available.

Organization	Email Address/Website	Phone Number
Miracle League of Southwestern Pennsylvania	http://mlswpa.org/volunteer/	

- The Miracle League uses Youth and Adult Volunteers. Our Youth Volunteers must be from 12 to 17 years old. Our Adult Volunteers are 18 years old and older. Except for our Manager, Game Coordinator, and Team Parent positions, all volunteer positions are available to our Youth Volunteers.
- Ages are based on the Volunteer's age as of May 1st.