

# Lap Pool Schedule

## January 2<sup>nd</sup> – March 26<sup>th</sup> , 2016

### MONDAY

Time	Activity
5:30- 9:30A	Lap Swim
9:30- 10:15A	Deep Sea
10:30- 11:15A	Lap Swim
11:00- 11:45A	Gentle Movement
1:00-4:30	Lap Swim
4:30-7:15P	Swim Lessons/ Lap Swim
7:15-8:00P	Swim Lessons/Aqua Interval/Lap
8:00- 9:45P	Lap Swim
9:45P	<b>Pool Closes</b>

### TUESDAY

Time	Activity
5:30- 6:00A	Lap/Open Swim
6:00- 7:00A	Adult Fitness Swim
7:00- 7:30A	Lap/Open Swim
7:30- 8:15A	Adult Fitness Swim
8:15- 9:00A	Lap/Open Swim
9:00-9:45A	Adult Learn to Swim
10:00-11:00A	Aqua Boot Camp
11:00-11:30A	Hydro Strength
11:30A- 12:30P	Lap/Open Swim
12:30- 2:30P	Group Swim Lessons
2:30- 6:00P	Lap/Open Swim
6:00-8:30P	Swim Lessons/Lap
8:30-9:45P	Lap/Open Swim
9:45P	<b>Pool Closes</b>

### WEDNESDAY

Time	Activity
5:30- 8:30A	Lap/Open Swim
8:30- 10:30A	Aquatics Exercise/Lap/Open Swim
10:30- 12:00P	Aquatics Exercise /Lap/Group Lessons
12:00- 6:00P	Lap/Open Swim
6:00-7:15P	Group Swim Lessons
7:15-8:00P	Swim Lessons/Aqua Interval/Lap
8:00- 9:45P	Lap Swim
9:45P	<b>Pool Closes</b>

**\*Adult Lap Swim**- Only adults (age 16 and above) may use the lap pool to swim laps. No children are permitted at this time.

**Family Swim**- During this time, children and adults may use the designated area of the lap pool for recreational purposes. Jumping in the deep end is permitted.

### THURSDAY

Time	Activity
5:30- 6:00A	Lap/Open Swim
6:00- 7:00A	Adult Fitness Swim
7:00- 7:30A	Lap/Open Swim
7:30- 8:15A	Adult Fitness Swim
8:15- 9:00A	Lap/Open Swim
9:00- 9:45A	Adult Learn to Swim
9:30-10:00A	Hydro Strength
10:00-11:00A	Aqua Boot Camp
11:00-2:30P	Lap/Open Swim
12:30- 2:30P	Group Swim Lessons
2:30- 6:00P	Lap/Open Swim
6:00-8:30P	Swim Lessons/ Lap
8:30-9:45P	Lap/Open Swim
9:45P	<b>Pool Closes</b>

### FRIDAY

Time	Activity
5:30- 10:00A	Lap/Open Swim
10:00- 10:45A	Deep Sea
11:00- 11:45A	Gentle Movement
11:45A- 6:30P	Lap/Open Swim
6:30- 8:30P	Family Swim
8:30- 8:45P	Lap/Open Swim
8:45P	<b>Pool Closes</b>

### SATURDAY

Time	Activity
6:45- 7:45A	Aqua Boot Camp
7:45- 9:00A	Lap/Open Swim
9:00A- 12:00P	Group Swim Lessons
12:00- 2:00P	Family Swim/Lap
2:00- 2:30P	Lap/Open Swim
2:30- 3:30P	<b>*Adult Lap Swim/Swim Lessons</b>
4:30- 4:45P	Lap/Open Swim
4:45P	<b>Pool Closes</b>

### SUNDAY

Time	Activity
12:00- 1:00P	<b>*Adult Lap Swim/Swim Lessons</b>
1:30- 2:30P	Lap/Open Swim
2:30- 4:30P	Family Swim/Lap
4:30- 4:45P	Lap/Open Swim
4:45P	<b>Pool Closes</b>

**Private Swim Lessons**- Please be advised that private swim lessons may use the lap pool during other scheduled activities (lap swim, adult lap swim, group swim lessons) without prior notification.

**\*\*\*Please note that all schedules are subject to change without notice. Reasons for schedule changes may be a result of, but are not limited to: inclement weather, fecal/vomit accidents, programs, holidays, staff availability, pool chemical imbalances, and mechanical failures.**



COMMUNITY & RECREATION CENTER  
AT BOYCE MAYVIEW PARK

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